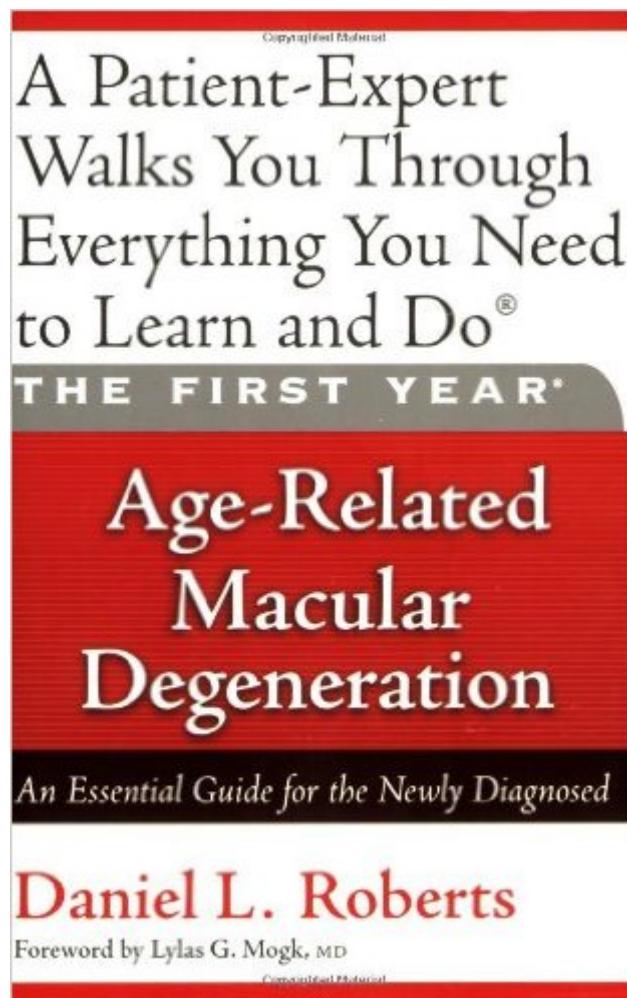


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The First Year: Age-Related Macular Degeneration: An Essential Guide For The Newly Diagnosed



Synopsis

Age-related macular degeneration (AMD) is a progressive disease of the retina wherein the light-sensing cells in the central area of vision (the macula) stop working and eventually die. AMD is the leading cause of legal blindness in people over 50. From the moment of his own diagnosis, educator and musician Dan Roberts has made it his mission to provide the most up-to-date information about AMD, its effects and challenges, through his website at mdsupport.org. Receiving over 60,000 unique visitors monthly, MD Support is the go-to for all things AMD. Now, as a "patient-expert," Roberts applies his wealth of knowledge to the First Year series, providing crucial information for the newly diagnosed, including cutting edge therapies, and tips on how to navigate everyday tasks with diminishing eyesight. The First Year-Age Related Macular Degeneration is an essential resource for everyone who wants to be an informed, active participant in the management of their condition.

Book Information

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Customer Reviews

When your doctor tells you that you have age-related macular degeneration, your reaction is likely to be shock and disbelief, followed quickly by anger and depression. You need to arm yourself with information - and fast. This wonderful book can hold your hand through that process and improve your outlook tremendously. Knowledge is power and "The First Year" gives it to you in manageable and understandable bites. Clearly written by a man who knows what it's like, this book will make a difference to patients and to their families. I highly recommend it.

There is life after macular degeneration and Dan Roberts suggests practical ways to cope with reduced vision. He's already been there & done that himself and shares what worked for him. Even if you've already acquired some low vision aids, had your mobility training, but still have enough vision to manage OK, this book has suggestions to offer for problems we don't think about until that first morning when we wake up without useful central vision. In crisis, some people just freeze. Others, like Dan and the people who attend the informative national internet seminar he leads each month, are working toward what he calls "capability". He lays out an extensive toolkit of ideas for coping, much of it standard for anyone who has already had to adapt to low or no vision, but information that's really hard to find all in one place if you're new to the idea of living as well as possible with macular degeneration. This book is a fast read with good clear print. It gets right to the point and quits when it's done. Well worth the price and the time.

The book is written for a lay person in simple, but complete descriptions of the process of Macular Degeneration. It is geared to the newly diagnosed person and efficiently answers all the possible questions that arise. After reading this book, I felt completely prepared to deal with my macular degeneration in a positive, realistic manner. "Must read" for a newly diagnosed patient, or someone who is close to someone with macular degeneration.

This book was in a list we received from our support group without comment - no pushing, just resources. It has some good information but it "sounds like" the author is really full of himself. After visiting their website, and reading archives of others with impaired vision and AMD, it appears he's pushing products against physicians recommendations, and many on his site seemingly think he's a doctor, or have an adoration-complex with this author. No doubt, he means well, but overall as my own doctors have recommended, "always talk to your physician before taking anything" and that includes supplements pushed on a website or in a book. The author's reference to independent living training is spot on - we entered that some years back. Overall, as our group facilitator always says, we need to focus on the things we can change to deal with this disease, not fret about alternative choices, etc. "just talk to your physician." She is correct. For the record, my spouse has had AMD for 10 years and so we tried this book. I wouldn't buy it again. The National Federation for the Blind, and NIH has all the accurate and most up to date information one needs, and there's no pushing one drug treatment over another without adequate replicated studies.

Good book to learn about and how to deal with this eye problem .It is a little out of date on the

treatments, they now use avastin injections to treat this. I have had 4 and they have helped to stop progression of it.

I liked this book very much. It covered a lot of practical questions in a clear, concise way. There weren't too many technical terms used so it was easy to understand and in the back of the book there were appendixes with more information on where to get help, definitions of terms used and much more. I would recommend this book to any newly diagnosed person it helps explain what is going on and what to expect. It is also a good book for family and friends to read because it gives insight into what is happening to the person with the AMD.

A practical, therefore useful book that summarizes injections and diet that may control VEGF or extra blood vessel growth. A bit outdated (2006), as other drugs are available now. Good explanations and advice.

Ordered this book after receiving the Macular Degeneration diagnosis from my Eye Dr. He gave me no information about things I could do to prevent further damage or any other info. This book is great- learned lots of things I can do to help myself and where to receive additional help. I would likely recommend this book to anyone receiving this ARMD diagnosis.

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